

## ATTENTION

If you do not have **ALL** of these items at the time of your visit, you will be asked to reschedule your appointment **or you will fail the DOT Physical Exam.**

### DOT PHYSICAL CHECKLIST

- CPAP compliance: Report from last 90 days
- Diabetes:
  - Type 1- 5870 form completed no more than 45 days prior to DOT visit,  
plus 5 years of records
  - Type 2- 5 years of records- recent A1C within 90 days
- Diabetic Eye Exam: Within 1 year
- Eye exemption: 5871 must be completed no more than 45 days prior to DOT visit
- Cardiac issues/heart disease: Copies of echocardiogram/ stress test
- Anxiety or Depression: Must have letter from PCP stable on current meds, how long have you been on meds, no side effects, no history of attempted suicide or homicide.
- Methadone: Must have letter for chronic pain without side effects. If taking for heroin addiction- must have letter in remission
- If on seizure medication for non-seizure issues: Will need letter from PCP stating taking what you are on the medication for.



*Testing is available at either our Hwy 31 office or Trotwood office in Columbia, TN.  
Please call (931) 540-4210 to schedule your DOT testing today.*